

FRANCES POWELL

Contact:

Shamon Freitas Agency 619-325-1180

5'10" 130 lbs Dark Brown Green

FILM / TV

Terriers (FX pilot)	Co-Star
Eddie's Night Out (feature)	Lead
Married Men's Club (feature)	Supporting
The Last Ride (TV movie)	Supporting

20th Century Fox TV / dir. Craig Brewer
Viking Pictures / dir. Russ McDonald
MMC Films / dir. Dan Dieffenbach
USA Network / dir. Guy Bee

HOSTING (partial list) *

DIRECTV (HBO Preview Weekend)	Host
24 Hour Fitness (training series)	Host
eFitness	Host
George Foreman Family Size X-Large Grill	Host/Narrator
Westinghouse Salad Xpress	Host/Narrator
Realty Access Television (HGTV pilot)	Host/Narrator
GE (ballast program series)	Host/Narrator
GE (website)	Host
Dermasonic Facial Brush	Host
Sleep Comfort	Co-Host/Narrator
Rainbird Sprinklers	Host/ Narrator
Natrol Vitamins	Host
Relaxation Dentistry	Host
Humphreys & Associates	Host
Lexus Financial Services	Host/Narrator
Lexus Product Presentation	Host/Narrator
Nissan North America	Host/Narrator
Quick Loan Funding	Co-Host
eDebtCure.com	Host/Narrator
Enserv Medical	Co-Host
Biosite Triage System	Host/Narrator
Ameriplan	Host
Real English (ESL series)	Co-Host/Narrator
City Front Terrace Private Residences	Co-Host/Narrator
The Finishing Touch	Host/Narrator
Liquid Essentials for Women	Host/Narrator

4 Square Productions
24 Hour Fitness / dir. Gary Buydos
Callipe Media / dir. Rob Craghead
Respond2 Media / dir. Bob Bates
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East Word Productions / dir. Rich Prepuse
E Factor Media / dir. Jeff Grantham
E Factor Media / dir. Jessica Martinez
Newport Prod. Co. / dir. Dean Hamilton
Diamond Production Group /dir. Jerry Hara
E Factor Media / dir. Jeff Grantham
Theophany Films / dir. Mick Victor
RLE Marketing / dir. Doug Cast
Crown Media / dir. Ray Sahakian
JSP Creative / dir. Jerry Stanley
Major Media / dir. Tim Clave
Magellan Media / dir Kris Hritz
JCR Advertising / dir. John Riemann
Pixelfish / dir. Michael David
Imobius / dir. Mick Victor
Time Zone Productions / dir. Ethan Hauck
Network Online / dir. John Rydell
Bigfoot Entertainment / dir. Andrew Durbin
4 Square Productions / dir. Stuart Culpepper
Millennium Pictures / dir. Victor Guy
Bulletproof Productions / dir. Mark Sussman

LIVE PRESENTATIONS

Kohler	Main Stage Host/Emcee
Hollywood Arts Dream Awards	Host/Emcee
Apex	Facilitator / Instructor
Lexus	Narrator
Lincoln Mercury	Narrator
Saab Motor Corp.	Narrator

Int'l. Builders Show – Orlando
Hollywood Arts / Paramount Studios
Western Regional Tour for Lexus GX
Various Auto Shows and Marketing Events
Nationwide Auto Shows
Nationwide Auto Shows

VOICE-OVERS

(list upon request)

TRAINING

Broadcast Journalism and Production - East Carolina University, B.A. Communication
Private Coaching - Sharon Chatten;
Comedic/Sitcom - Nick Anderson/ACW;
Scene Study / Meisner Technique - Janet Alhanti / Iris Klein;
Scene Study / On-Camera Technique - Terry Ross;
Commercial Technique & Improvisation - Actors Workshop Studios;

SPECIAL SKILLS

Earprompter, teleprompter, VO and narration, live presentations, advanced interview and improvisation skills, golf, tennis, skiing, avid hiker, Bikram yoga, Pilates, fitness instruction, Argentine Tango and knowledge of various forms of dance (ballroom, country western, ballet, jazz), theatrical combat, sword fighting and basic stunts, knowledge of Polish and French.

* HOST DEMO REELS CAN BE SEEN AT: WWW.FRANCES-POWELL.COM